



Government of South Australia  
Department for Education and  
Child Development



**Angaston Kindergarten**

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### Dates to remember ~

Governing Council Meetings will be  
Weeks 2 & 7 of each Term.

Term 2 - Week 2, May 9<sup>th</sup> at 7pm.

### IMPORTANT \*\*URGENT!!!

Families to provide Immunization according to  
Requirements for Department for Education and  
Child Development Preschools. 12 to go still!

There are 3 weeks left in Term ~

Please help us by ensuring your

**FEE\$ are paid.**

### Term 2

**KINDY CLOSURE DAY** on Friday,  
May 19<sup>th</sup> for staff training with Portfolio  
Preschools.

**Mother's Day Morning Tea ~**

Either Tuesday , May 9<sup>th</sup>

or Wednesday, May 10<sup>th</sup>

### Can you help us?

We are looking for helpers to support us with  
maintaining the grounds. So far we have had a  
few parents volunteer to help us maintain the  
grounds. It is important for the outside area to be  
a well maintained and welcoming learning  
environment for the children.

### Waste Materials

Your waste materials may be just what we need  
for the children to use in their creations. Items  
need to be clean. There are a few we do not use  
for health and safety reasons. (no toilet rolls,  
detergent boxes)

### Boots

We ask that all children bring in a pair  
BOOTS which remain at the Kindy on  
the back shelf for using in the  
digging patch by Term 2.



## NEWSLETTER #3

### Term 1, 2017

We are involved in a number of Community Events and  
Special Activities being Barossa Vintage Festival Year!!

### Barossa Vintage Festival

#### Angaston Kindergarten

are entering into the festivities by creating a  
HEALTHY FOOD SCARECROW to be displayed out the  
front of the Kindy. You are welcome to join in helping  
the children develop our creation.

#### HEALTHY HARRY

#### Angaston Town Day

We are creating pictures to celebrate the ~ 175<sup>th</sup>

**Birthday** of the Angaston Town Day for display along  
the town park fence.

#### Fundraising ~

**Easter Basket Raffle.** Donations welcome for  
filling basket. We probably have enough wine.

**First Prize** - Wood and Wine! Would a trailer load of  
wood help you get through a cold winters day?

**Get your tickets in!!!**

We will be having some *special Easter activities* in Week 11.



\*We would like to acknowledge that Angaston Kindergarten is located on the traditional lands of the Peramangk people\*

## REMINDERS



### **Healthy Eating Policy ~ Education Department Requirement**

Please help us to encourage your child to learn healthy eating habits by providing healthy food options. We will be talking to the children about healthy food and sometimes treats. While most of the items in their lunch boxes are appropriate we have noticed many packaged treats which may be better kept for special events. A good balanced diet helps their development. We hope to provide some suggestions of healthy options in the coming weeks.

~ Please remember us if you have any extra fruit/vegetables we can use for cooking experiences with the children.

We are encouraging the children to think about the foods they eat.

HEALTHY FOODS to build healthy bodies. We also talk about sometime foods which are related to cultural experiences and special events.

#### **Suggested Daily Serves for Children**

##### **Bread & Cereals (2 serves daily)**

- 1 serve = 1 slice bread
- ½ cup breakfast cereal
- 1/3 cup cooked rice
- ½ cup cooked pasta

##### **Fruit & Vegetables (2 serves daily)**

- 1 serve = 1 piece of fruit
- ½ cup cooked vegetables
- 1 cup mixed salad

##### **Dairy Products (3 child serves daily)**

- 1 serve = ½ cup milk
- ½ cup yoghurt
- 15g cheese

##### **Meat and alternatives (cooked) (1 serve daily)**

- 1 serve = 55g raw red/white meat
- 65g raw fish
- 1 egg
- 1/3 cup (50g) cooked legumes

##### **Fat and Oil s (1.5 serves daily)**

- 1 serve = 5g (1 tsp) fat or oil



### **ANGASTON KINDERGARTEN PLAYGROUP**

Tell your friends~ Angaston Kindy is thrilled to be able to provide Playgroup for the community.

It runs on Friday mornings from 9am to 10.30am. Our new Playgroup leader ~ Alina Gransbury sets up a range of activities appropriate for children from 0 - 4 years. We welcome new families to come enjoy the company of other adults while the children play in a safe environment.

There are 2 weeks left this Term - Friday , March 31s and Friday, April7th.

Playgroup will return in Term 2 on Friday, May 5<sup>th</sup>.

## A NOTICE ABOUT BIRTHDAYS ~

Please be considerate of other children's feelings if you are giving out invitations for your child's Birthday Party.  
If your child receives an invitation it would be best to open it to share at home.



*A BIG THANK YOU to the families who have paid Fees. We rely on this money to function effectively. If families paid without needing reminders, Darlene would be able to concentrate on her other responsibilities!  
PLEASE HELP US BY PAYING FEES BY WEEK 4 of the Term.*

Remember there are many ways you can be involved in the Kindy.



Read a book , do a puzzle, help with gardening,.....

- **Barossa Vintage Festival** ~ The Kindy will be creating a HEALTHY FOOD SCARECROW as part of the festival. You are welcome to join in helping the children develop our creation.
- **Angaston Town Day** {175<sup>th</sup> Birthday} ~ We are hoping to set up a trading table. Please think of us if you have any items to contribute.
- **Fundraising** ~ Easter Basket Raffle. Donations welcome for filling basket. We probably have enough wine.

## EMERGENCY INVACUATION/EVACUATION

We are required to carry out practices of emergency procedures with the children each term. As part of their learning program we have been discussing different types of emergencies and what they need to do at Kindy. Please do not be alarmed if they come home with stories about emergencies.



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